

# The Work-Out

My work-out: \_\_\_\_\_

For \_\_\_\_\_ minutes per day  
(use a timer)

Book 1 & 2

Pepperoni Pizza Twinkle  
Ice Cream Cone Twinkle  
Down Berry Twinkle  
Pineapple Twinkle  
Caterpillar Twinkle  
Twinkle Theme  
Lightly Row  
Song of the Wind  
Go Tell Aunt Rhody  
O Come Little Children  
May Song  
Long Long Ago  
Allegro  
Perpetual Motion  
Allegretto  
Andantino  
Etude  
Minuet 1  
Minuet 2

Minuet 3  
Happy Farmer  
Gossec Gavotte  
  
Chorus  
Musette  
Hunter's Chorus  
Long Long Ago  
Waltz  
Bourree  
Two Grenadiers  
Witches Dance  
Gavotte from Mignon  
Lully Gavotte  
Minuet in G  
Boccherini Minuet

